

Waste Not Want Not

Waste Not Want Not is a programme that was run in partnership with Dundee Healthy Living Initiative. The learners chose the topics they would like to cover which included saving money when shopping, how to manage a budget, and low cost activities that they could do with their children.

Other sessions included, how supermarkets use psychology to encourage shoppers to buy more than they need; cooking a healthy nutritious meal from goods that you already have in the home and lots of arts and crafts projects.



The arts and crafts exercises proved very popular and some of the women shared their skills, showing the group how to do face painting and balloon modelling. One of the learners has gone onto full time employment and another three are volunteers at the Lunch Club.



"I enjoyed the home made cosmetics session and have shown my friends and relatives how to make them at home".

"I really enjoy coming to this group as it gives me a chance to try new things and learn how to save money in loads of different ways".



Reading, Writing, Spelling, Numbers

Support for adults and young people who would like to improve their reading, writing or number skills. We can help with filling in forms, coping with dyslexia, handling money, reading books and newspapers, measuring and weighing, writing letters and helping with homework.

To find out what is available in your area call 666665.

ESOL

Support for adults whose first language is not English to improve their speaking, listening, reading and writing. To find out what is available in your area call 666665.

Learn with Fred

Nine families attended the 'Learn with Fred' group which took place in St Mary's and Kirkton. Parents learned the important role that they have as first teachers for their children and they became more aware of the learning that can take place in the home environment.

Parents were also given the confidence to try out activities with their children at home.

The group focussed on 4 themes:

- The importance of songs, music and rhymes
- Language and communication
- Sharing books together
- Play

The first half of each session gave parents the opportunity to learn and discuss topics based on the themes above; while the second half of the session brought parents and children together to allow the parents the chance to try out resources they had made or strategies they had discussed earlier.

Parents' comments:

"I would never have gone around town singing before, but now I don't care as I know how important it is."

"When we go into a shop, she'll go to the books now instead of the toys."

"I don't rely on the TV as much now and let him 'help' with the housework."



V&A Museum of Design Dundee

Living Room for the City - Drop in and Design with V&A Dundee
FREE (refreshments available)

Want to try out some new skills, make new friends and find out about V&A Dundee? We're bringing fun activities, designers and materials out to your local community. Come along and make some unique handmade lighting to impress your friends and transform your living space. All materials are supplied along with refreshments. Partnership with Skill Share and local designers.



Tour

- 3 July, 12 - 4pm *The Crescent, Lothian Crescent, Whitfield*
- 8 July, 1 - 4pm *Bharatiya Ashram, Dudhope Community Centre*
- 17 July, 12 - 4pm *Menzieshill Community Centre, Menzieshill*
- 18 July, 1 - 4pm *Ardler Complex Community Centre, Ardler*
- 21 July, 12 - 4pm *Blackness Library, Perth Road*
- 22 July, 12 - 4pm *Douglas Community and Library Centre*
- 23 July, 12 - 4pm *Arthurstone Community Library, Stobswell*
- 30 July, 12 - 4pm *Castle Green Leisure Centre, Broughty Ferry*

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News and What's On Summer 2014

Learners Celebration

On Monday 22nd May a group of learners travelled to Edinburgh to attend the Scottish Adult Learning Partnership Semi Final Awards ceremony. The learners were nominated for the positive impact that their learning has had on their lives.

They are from a range of adult learning groups and courses, these being Intermediate 1 Psychology, Dyslexia Awareness Raising, Messy Play and Ardler Primary School Family Homework Club.

The ceremony took place at the Hilton Grosvenor Hotel where the learners enjoyed a three course lunch followed by the presentation of their certificates. These were presented by TV and radio personality Grant Stott and everyone had a fabulous day.



Visit us on:



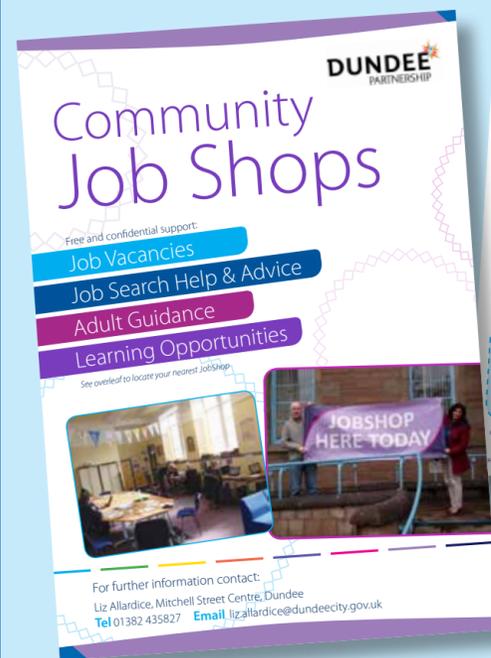
www.discoverlearning.org



We are committed to equality for all. We have invested heavily in making our premises accessible, whenever possible, and we always aim to provide appropriate support to learners, regardless of ability or disability.

Community Job Shops

Jobs shops are available across the city and can be used by local people looking for assistance with job searching. Workers offer support with designing cvs, completing application forms, using email and online job search. Access to computer facilities and use of telephones are also available.



Arthurstone Library* Arthurstone Terrace, Dundee DD4 6RT MONDAY 1.00pm - 3.00pm Contact: Colin Christie 436415	The Attic Lounge, Kirkton Beaulieu Avenue, Dundee DD3 0DU FRIDAY 1.30pm - 3.30pm Contact: Teresa Fulton 436314
Ardler Complex Turnberry Avenue, Dundee DD2 3TP FRIDAY 9.30am - 12.30pm Contact: Caroline Baimor 436359	Charleston Community Centre Craigowan Road, Dundee DD2 4NL FRIDAY 9.30am - 12noon Contact: Joyce Guthrie 435814
Finmill Community Centre Findcastle Street, Dundee DD4 9EW WEDNESDAY 9.30am - 11.30am Contact: Caroline Baimor 438671	The Hub 171 Pitkerro Road, Dundee DD4 8ES FRIDAY 9.30am - 12.30pm Contact: Claire Shepherd 438643
Kirkton Community Centre Derwent Avenue, Dundee DD3 0BW FRIDAY 9.30am - 11.30am Contact: Teresa Fulton 436314	Lochee Library (Clubhouse) Lochee High Street, Dundee DD2 3AU FRIDAY 9.30am - 3.00pm Contact: Julia Fraser 431836
Maxwell Centre** St Salvador's Street, Dundee DD3 7HP FRIDAY 9.30am - 12.30pm Contact: Colin Christie 436415	Menzieshill Community Centre Orleans Place, Dundee DD2 4BH FRIDAY 9.30am - 12noon Contact: Annette Miller 432973
Mill O'Mains Community Pavilion Hebrides Drive, Dundee DD4 9SL TUESDAY 11.30am - 1.00pm Contact: Caroline Baimor 438671	Mitchell Street Centre Mitchell Street, Dundee DD2 2LJ THURSDAY 10.00am - 1.00pm Contact: Colin Christie 436415 or Nidhi Sharma 435817
St Marys Centre St Kilda Road, Dundee DD3 9NH WEDNESDAY 1.30pm - 3.00pm Contact: Caroline Baimor 438671	The Crescent, Whitfield 71 Lothian Crescent, Dundee DD4 0HU TUESDAY 9.30am - 11.00am Contact: Carol Amott 438671 / 07944 071 555

This edition of our newsletter has a different look. There are more stories instead of the usual lists of Adult Learning activities. This is because some of our Adult Learning Teams are moving offices over the summer. Back to normal for the next edition!

For information on Adult Learning Opportunities across the city please contact:

Lochee and Strathmartine wards

Liz Allardice: 435827 liz.allardice@dundeecity.gov.uk

North East and East End wards

Sarah McEwan: 435830 sarah.mcewan@dundeecity.gov.uk

Coldside, Maryfield wards, and ESOL Team (city-wide)

Kirsty Gemmell 435818 kirsty.gemmell@dundeecity.gov.uk

Literacies Team (city-wide)

Sheila Robertson: 435844 sheila.robertson@dundeecity.gov.uk

Asphasia Computing Group

The Aphasia Computing Group is held on a Friday afternoon at Mitchell St Centre, funded by the Older People Engaging Needs Funding. Aphasia is a condition which causes a disturbance in the brain, in producing and understanding language, usually resulting from a stroke. Two of the group's members Frances Reid and Shirley Day explain:



"I used to work at Blackadders before I had my stroke and used the computer. Now I am learning to use it again. The group is brilliant. I look forward to it every week."

Shirley adds, "The group is good for communicating with people and the tutor is good. I used to work at R. C. Stevens and C. M. Sparks where I enjoyed using the computer. I like learning new things on the computer."

SALA (Stobswell Adult Learning Association)

SALA offers a range of learning & leisure activities in Morgan Academy. For more information on classes available contact Liz Allardice: Tel 435827 or email liz.allardice@dundeecity.gov.uk. Please do not contact the school.

BERA (BROUGHTY FERRY EDUCATION & RECREATION ASSOCIATION)

Offers a range of learning & leisure activities in Grove Academy & Forthill Primary School. Website: www.beradundee.org.uk Email: info@beradundee.org.uk. Please do not contact the schools.

Creative Writing Corner

Pitairlie Road

Tea in a strainer
 Sugar in a bowl
 A tin full of Marvel
 A scuttle for the coal
 Kale in the pot, ready to ladle
 Plates in a row on the formica table
 A pink whistling kettle threatening to screech
 Brillo pads, cloths and a bottle of bleach
 White shirts hanging from a pulley rope
 Collars scrubbed clean with carbolice soap

A living-room thick with nicotine air
 Lino on the floor with a carpet square
 Mis-matched furniture burnt at the edges
 Embassy, Regal and Benson & Hedges
 Simmering tensions filling each space
 A clock ticking wildly on the fireplace
 Three human coils, tightly sprung
 Waiting for Friday to loosen their tongue

by Irene Ewen

Taxes Shortfall

The money table had been set up for the tax collector's visit. As he approached the bailey of the castle, it was quiet, too quiet. No challenge from the gate guards. He found that the grim reaper had got there before him courtesy of the black plague. No taxes forthcoming!

by June Henderson

The Woodpecker

I hear the woodpecker in the trees. He is driving me mad with this rat-a-tat-tat. Not because I don't like hearing the noise but because I can't see him. I hear him in the distance and once closer I look up, the noise stops. He's not there

by Janice Brash

Gallery



Family Activities at Frances Wright Nursery



Messy Play at Whitfield



Family Fun at Finlathen Park



IT 4 WORK: This new project helps jobseekers learn how to use computers for jobsearch activities. To find out how to join your nearest **IT 4 Work class**, contact:

Kim on 01382 436314 or text 07985 818 019 for a call back.