

# Wednesday 30th November

# Bring a Pound to Work!

There are sick and disadvantaged children in Dundee who need your help. As this is St Andrews day, we want to celebrate all that's good about being Scottish. Wave 102 are broadcasting live from Overgate, and our cash collection teams will be responding to your calls to collect as much as possible for your local charity Help for Kids. 100% of money donated goes to help kids in Dundee.

**To register** in advance and **be mentioned live on air** contact Katie on **01382 901000** or go to **[www.helpforkids.org.uk](http://www.helpforkids.org.uk)**

Please encourage your colleagues, friends and family to **Bring a Pound to Work.**

Help for Kids is kindly supported by:

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# This St Andrew's Day Bring a Pound to Work!



It's not much, but if we all donate £1 each we can make a huge difference.

## How you can help:

- **Get involved!** Every penny raised will help kids and young people in Dundee.
- **Encourage your colleagues, friends and family** to Bring a Pound to Work on Wednesday 30th November. Donating a £1 each isn't much for us individually, but if we all do it we'll help make disadvantaged kids' lives so much better. Give up your morning coffee, or a bar of chocolate, and donate your pound to a good cause instead.
- **Register your involvement:** If you register, you'll get a shout out live on Wave102, or you might even get a visit from the Wave102 team.  
To register in advance and be mentioned live on air, contact Katie on 01382 901000 or go to [www.helpforkids.org.uk](http://www.helpforkids.org.uk).
- **If you register, we can send someone to your office to pick up your collection** – we'll have teams of volunteers out and about in Dundee to collect donations. Or, you can pop into Overgate to see the Wave102 roadshow and donate there.
- **Have fun!** Arrange a sponsored activity to help raise more funds – from fancy dress to haggis eating, anything you can do to help raise funds and awareness will make a difference. We'll be sporting a bit of tartan to show our support!

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